

**Centers for Disease Control and Prevention**

National Center for Emerging and Zoonotic Infectious Diseases



# Dengue Epidemiology: Globally and in the United States

ACIP Dengue Vaccine Workgroup

Laura Adams DVM, MPH, DACVPM

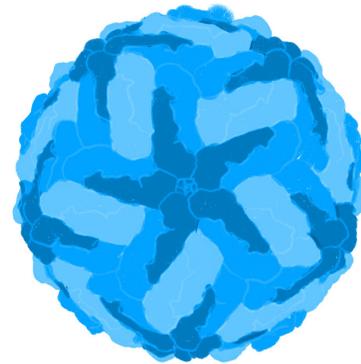
# Outline

- Routes of transmission
- Clinical spectrum
- Global burden
- Epidemiology in the United States
  - Endemic areas
  - Non-endemic areas

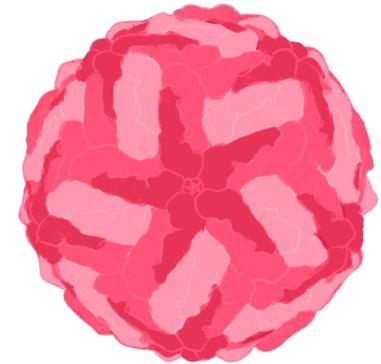


# Dengue Virus

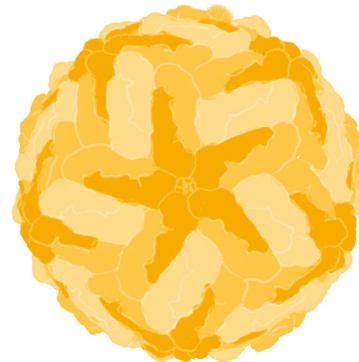
- DENV-1, 2, 3, 4
  - Lifelong DENV type-specific immunity
  - Short-term cross-immunity (~1–3 years)



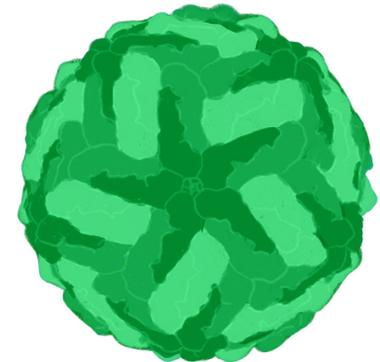
Dengue 1



Dengue 2



Dengue 3



Dengue 4

# DENV Transmission

- Vector-borne
  - Saliva of infected *Aedes spp* mosquito
- Other modes
  - Vertical from mother to baby
  - Blood transfusion or organ transplantation
  - Needle stick, mucocutaneous, or hospital/laboratory accident
  - Breast milk
  - Sexual



*Aedes aegypti*



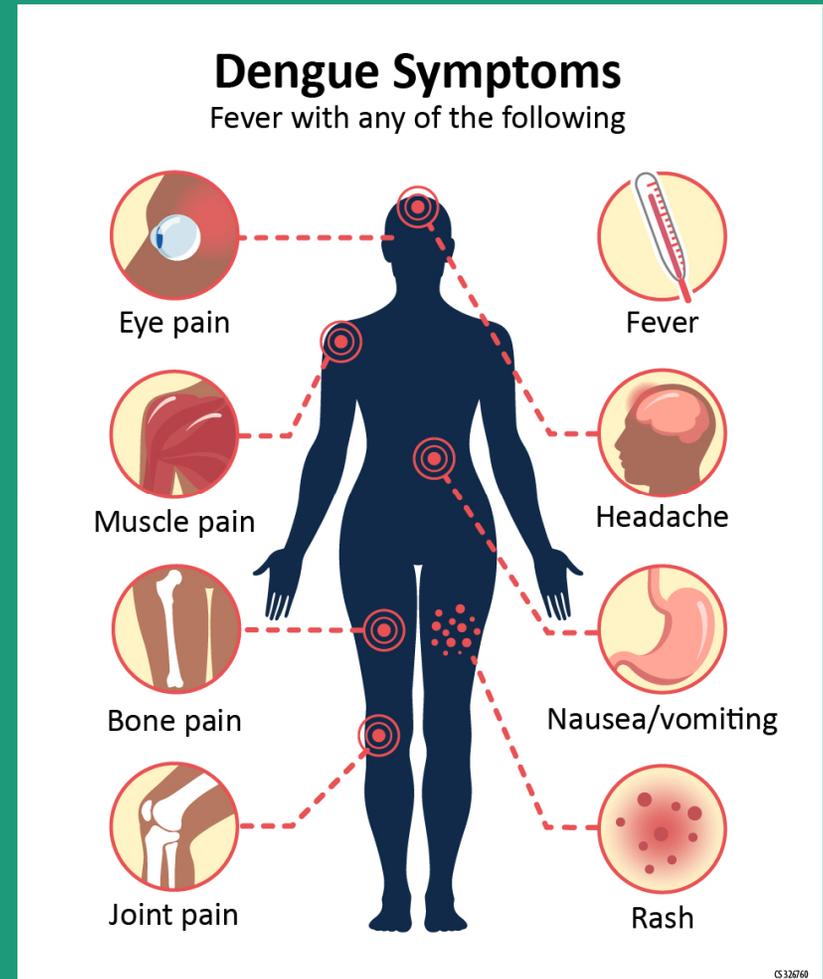
*Aedes albopictus*



# DENGUE CLINICAL SPECTRUM

# Dengue Clinical Manifestations

- ~1 in 4 DENV infections are symptomatic
- Often a mild, undifferentiated febrile illness.
- Mortality ranges from <1% if treated appropriately to 15% if untreated



# Clinical Manifestations of Severe Dengue

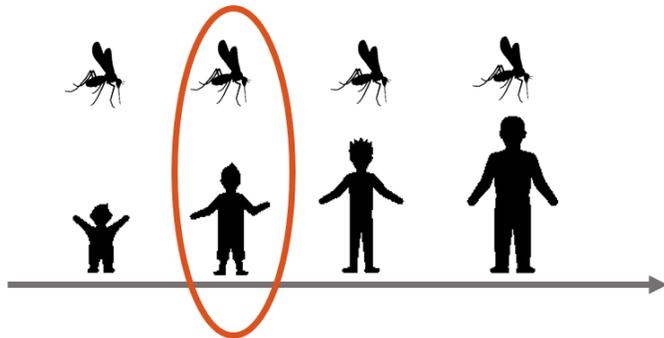
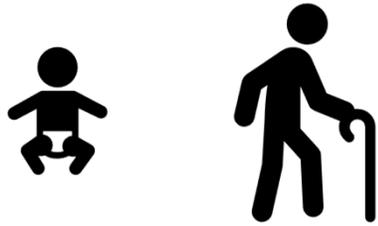
- Occurs in ~1 in 20 dengue patients
- Characterized by:
  - Severe plasma leakage
  - Severe bleeding
  - Severe organ impairment



Hospital chapel converted to a dengue ward during dengue outbreak in Honduras in 2019.

Image from: Paz-Bailey G. Dengue vaccine draft recommendations using the evidence to recommendation framework. Advisory Committee on Immunization Practices (ACIP); 2021 June 24, 2021; Atlanta, GA.

# Risk Factors for Severe Dengue



## ■ Age

- Infants born to seropositive mothers
- Elderly

## ■ Number of dengue infections

- 2nd >> 1st, 3rd, 4th infection

## ■ Comorbidities

- Asthma, diabetes, obesity, hypertension, sickle cell disease, kidney disease, hypertension, or on anticoagulant therapy

# Severe Dengue and Multiple DENV Infections

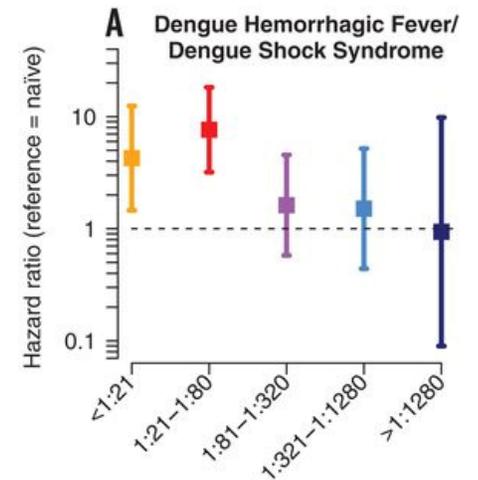
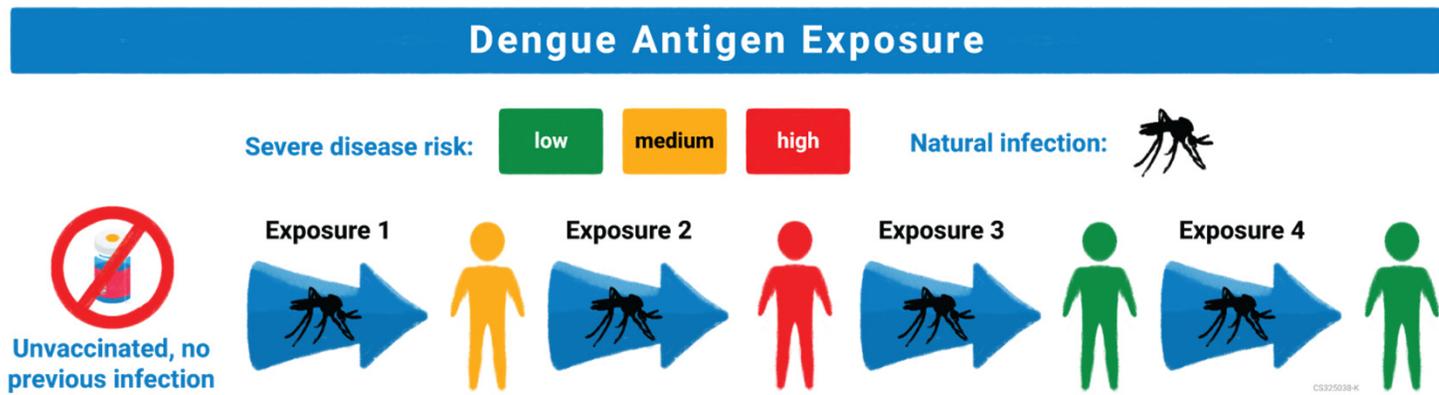
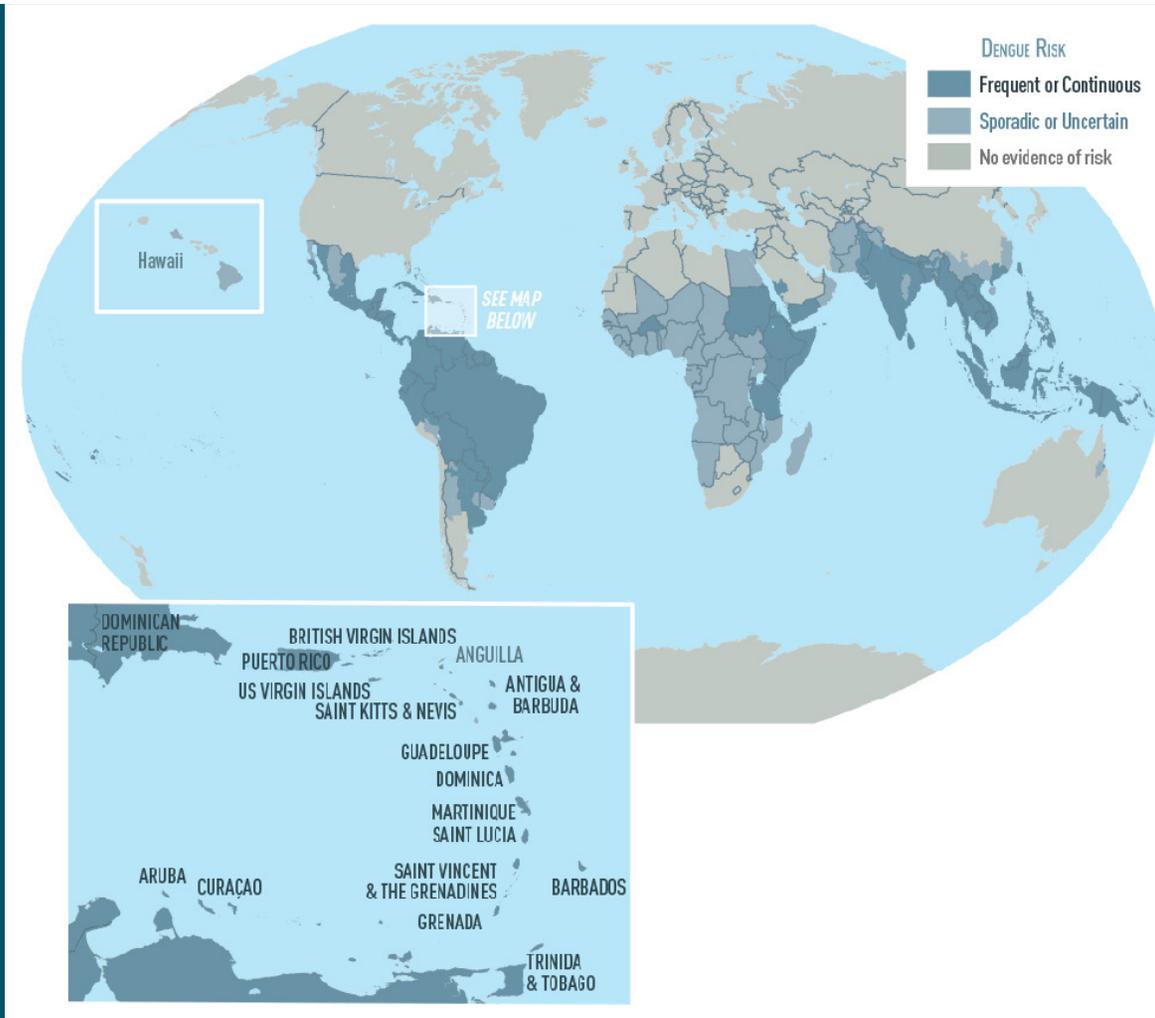
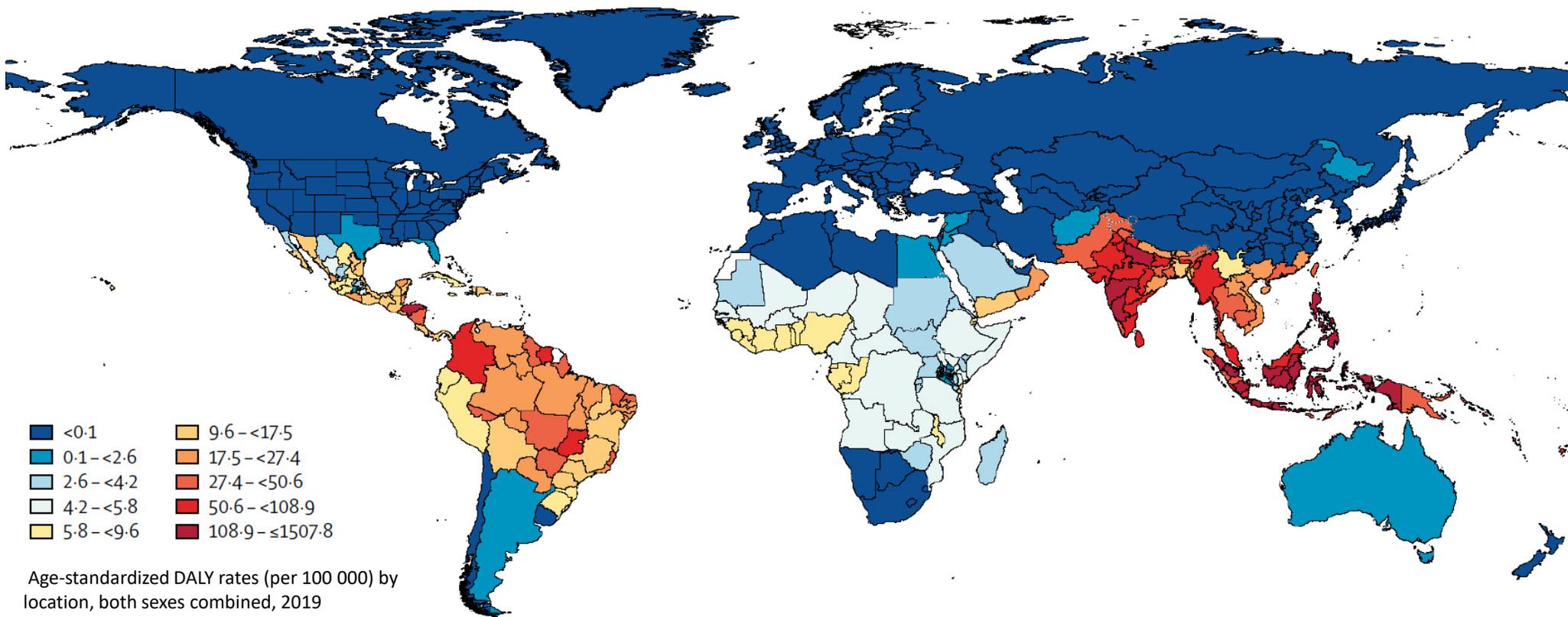


Fig. 1 Longitudinal analyses of the hazard of severe dengue disease or any dengue case by preexisting DENV-Ab titer for the full pediatric dengue cohort. Leah C. Katzelnick et al. Science 2017;358:929-932

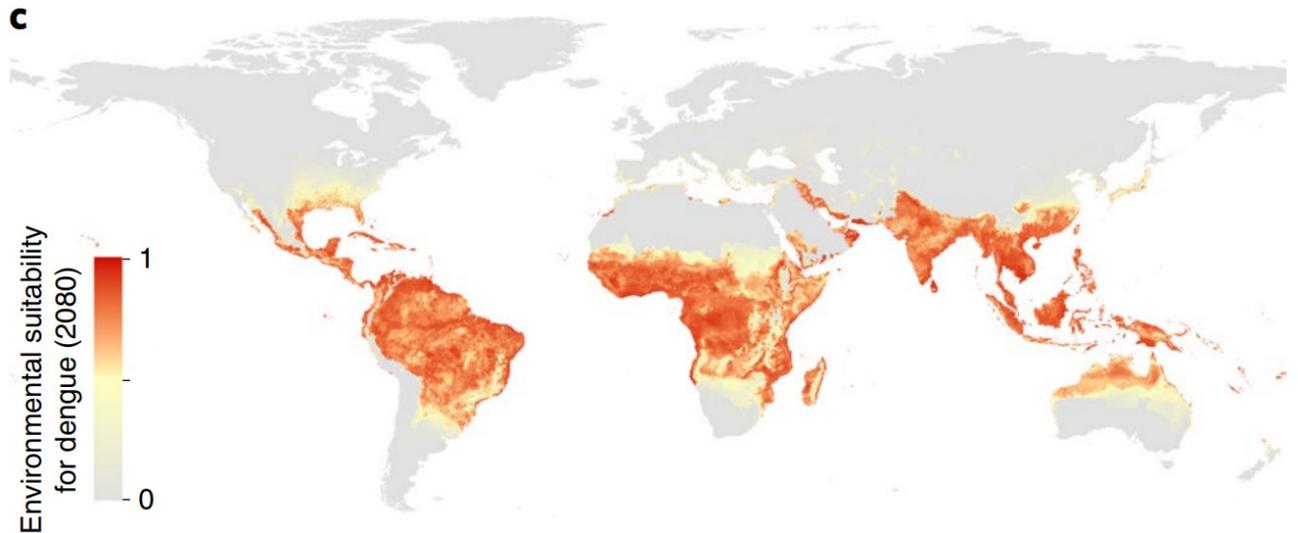
# Dengue Global Burden



# Dengue is the most common arboviral disease and causes **significant disability and death**



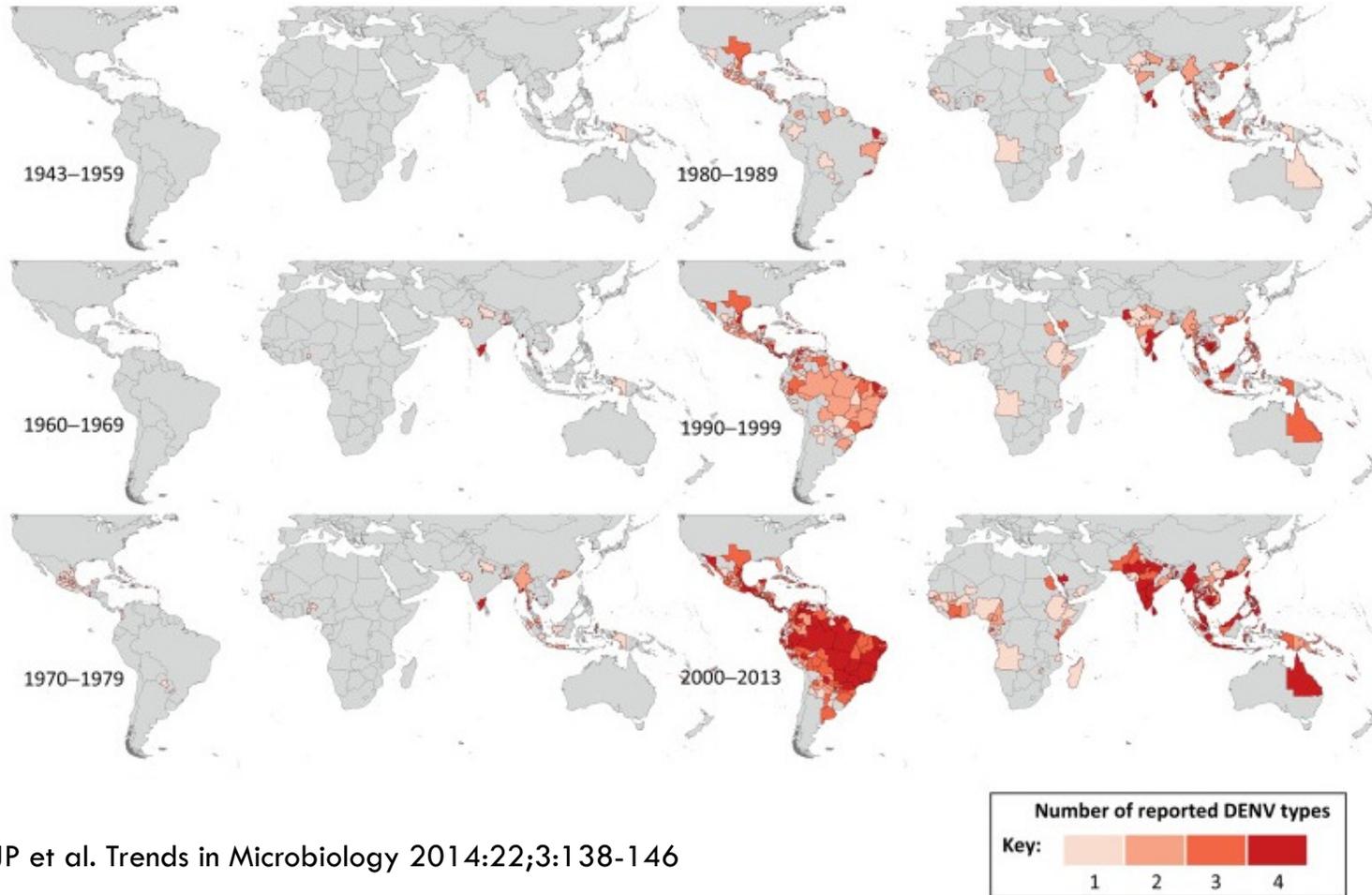
Dengue incidence is **likely to increase** as the climate warms.



**A total of 6.1 (95%CI 4.7–6.9) billion people will be at risk for dengue by 2080, an increase of 2.25 billion compared to 2015.**

[The current and future global distribution and population at risk of dengue \(nature.com\)](https://www.nature.com)

# Co-circulation of dengue virus serotypes



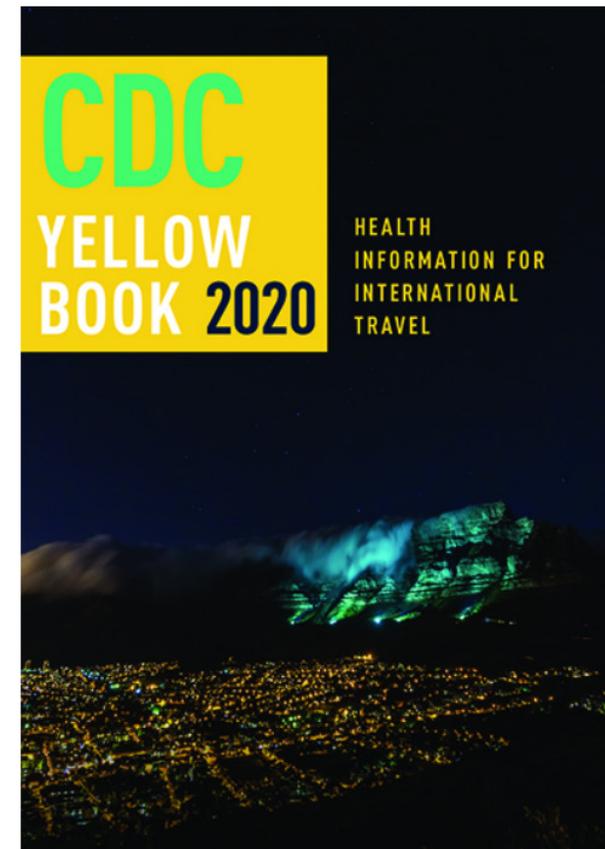
Messina JP et al. Trends in Microbiology 2014;22;3:138-146

# Dengue Epidemiology in the United States

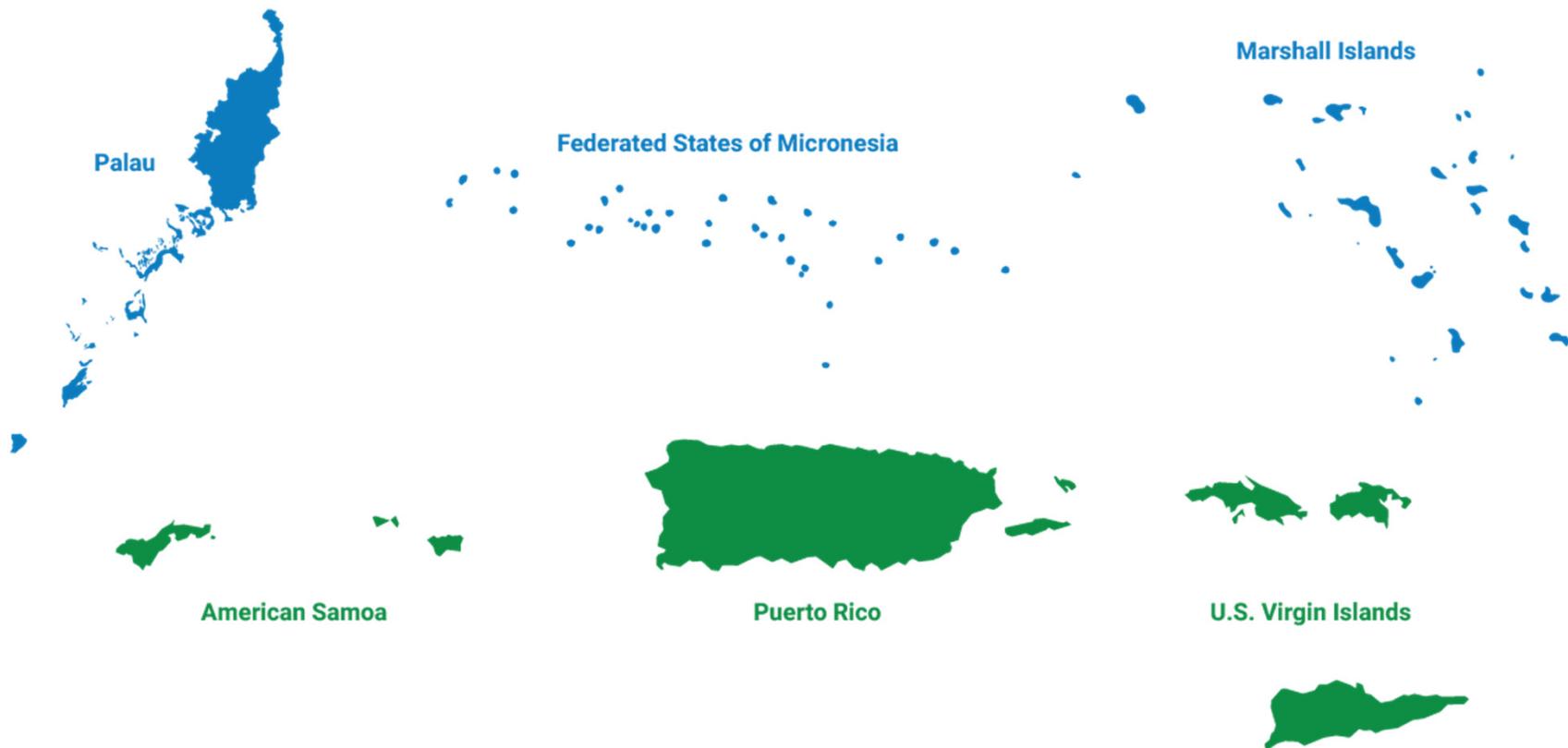
A decorative horizontal bar at the bottom of the slide, consisting of several colored segments: orange, olive green, brown, teal, purple, and blue.

# Yellow Book criteria to assess dengue risk levels

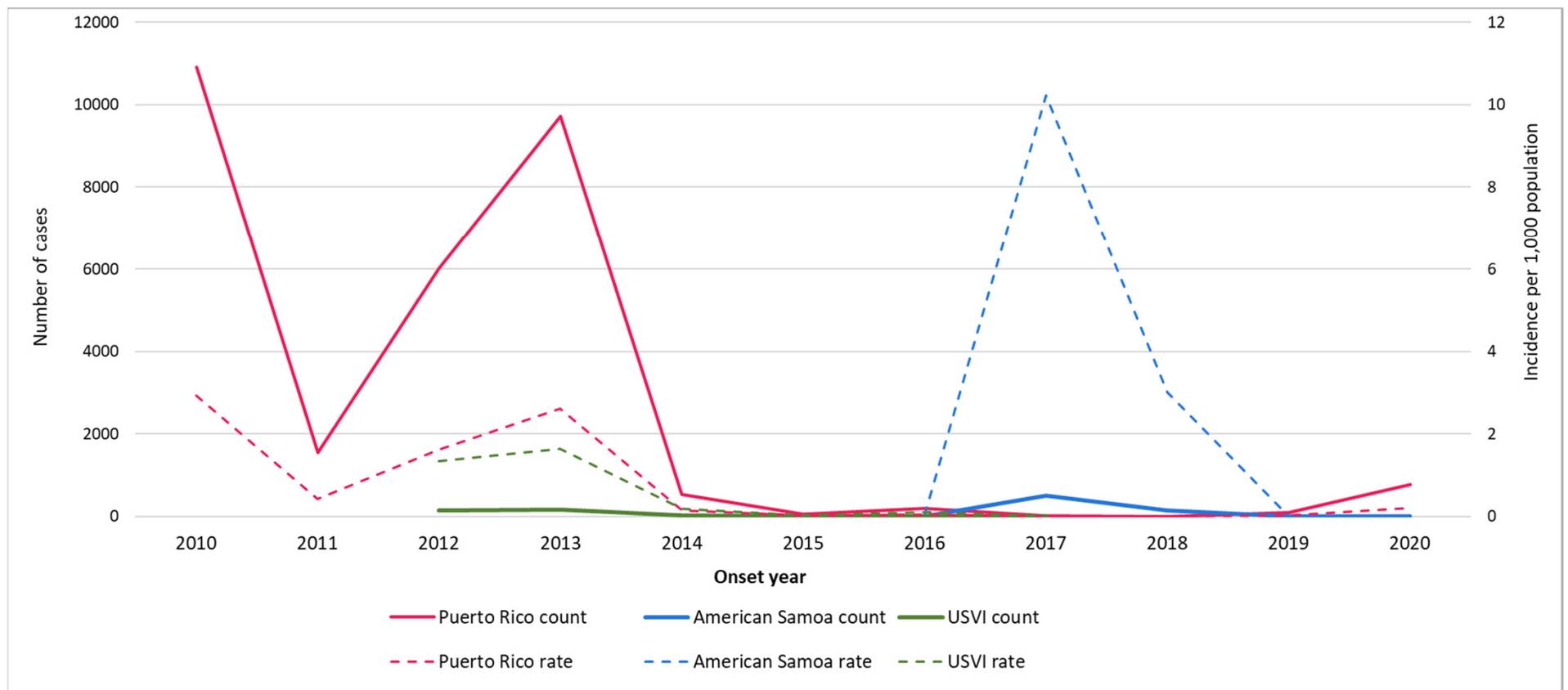
- **Frequent/continuous risk (endemic):**
  - 10 dengue cases in at least three distinct years over the most recent 10-year period.
- **Sporadic/uncertain risk:**
  - At least one reported, locally acquired case in the previous 10 years.
- **No evidence of risk:** no reports of DENV transmission.



Dengue is endemic in **six U.S. territories** and **freely associated states**



# Dengue cases\* and rates per 1,000 population in Puerto Rico, American Samoa, and USVI, 2010–2020



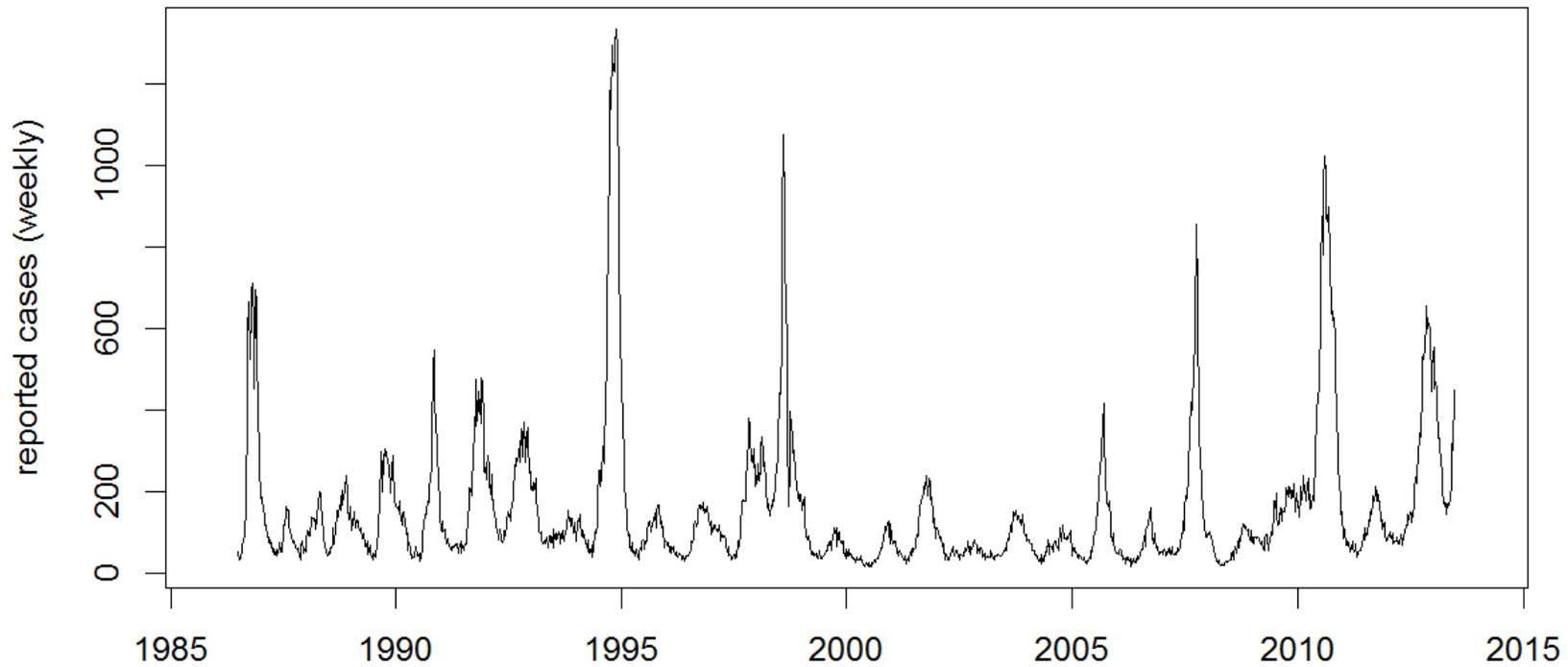
Source: confirmed and probable dengue cases reported to ArboNET, unpublished data

# Dengue in Puerto Rico

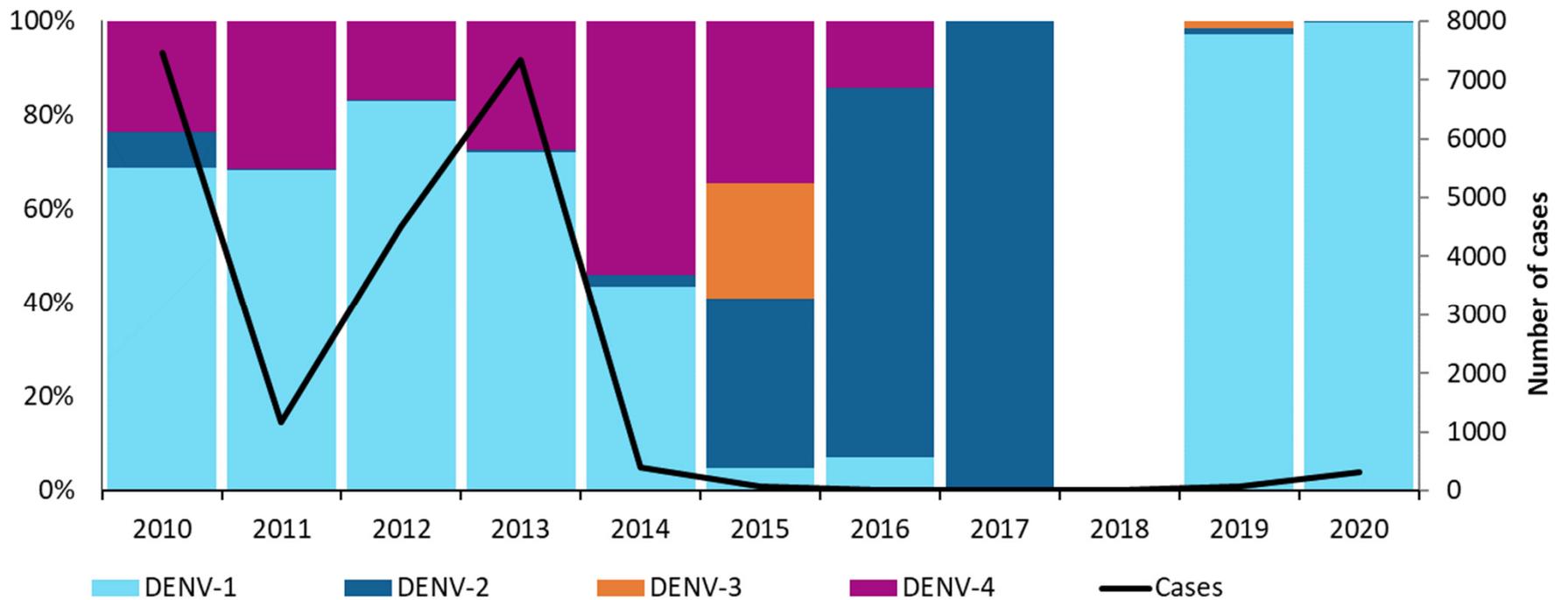
- **>95%** of dengue cases from endemic areas of the United States during 2010–2020 were reported from Puerto Rico (n=29,862)



# Suspected dengue cases, Puerto Rico, 1986-2013



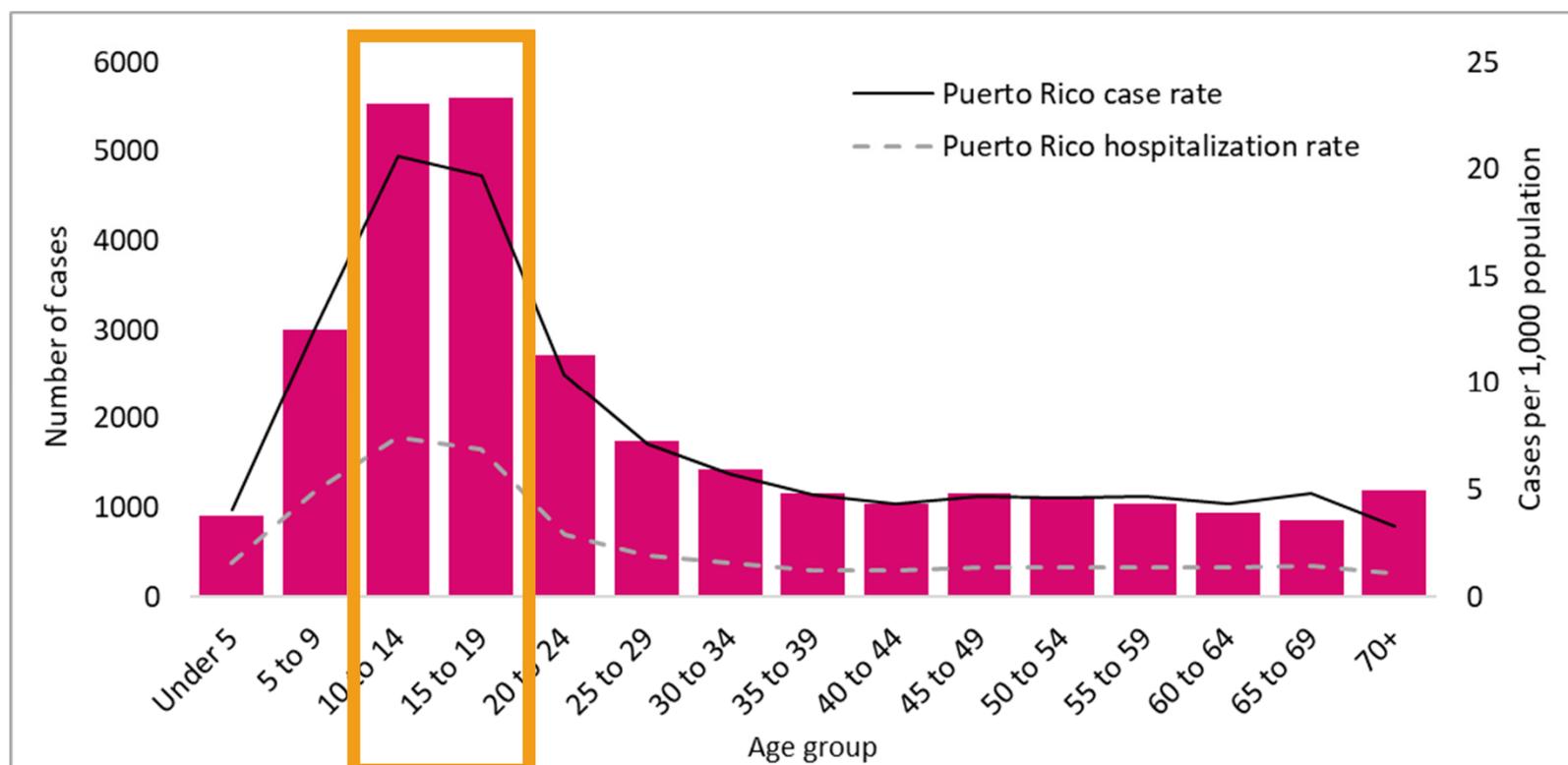
# DENV Serotypes by Year in Puerto Rico, 2010–2020



Source: CDC Dengue Branch laboratory, unpublished data

# Dengue cases and hospitalizations by age group in Puerto Rico, 2010–2020

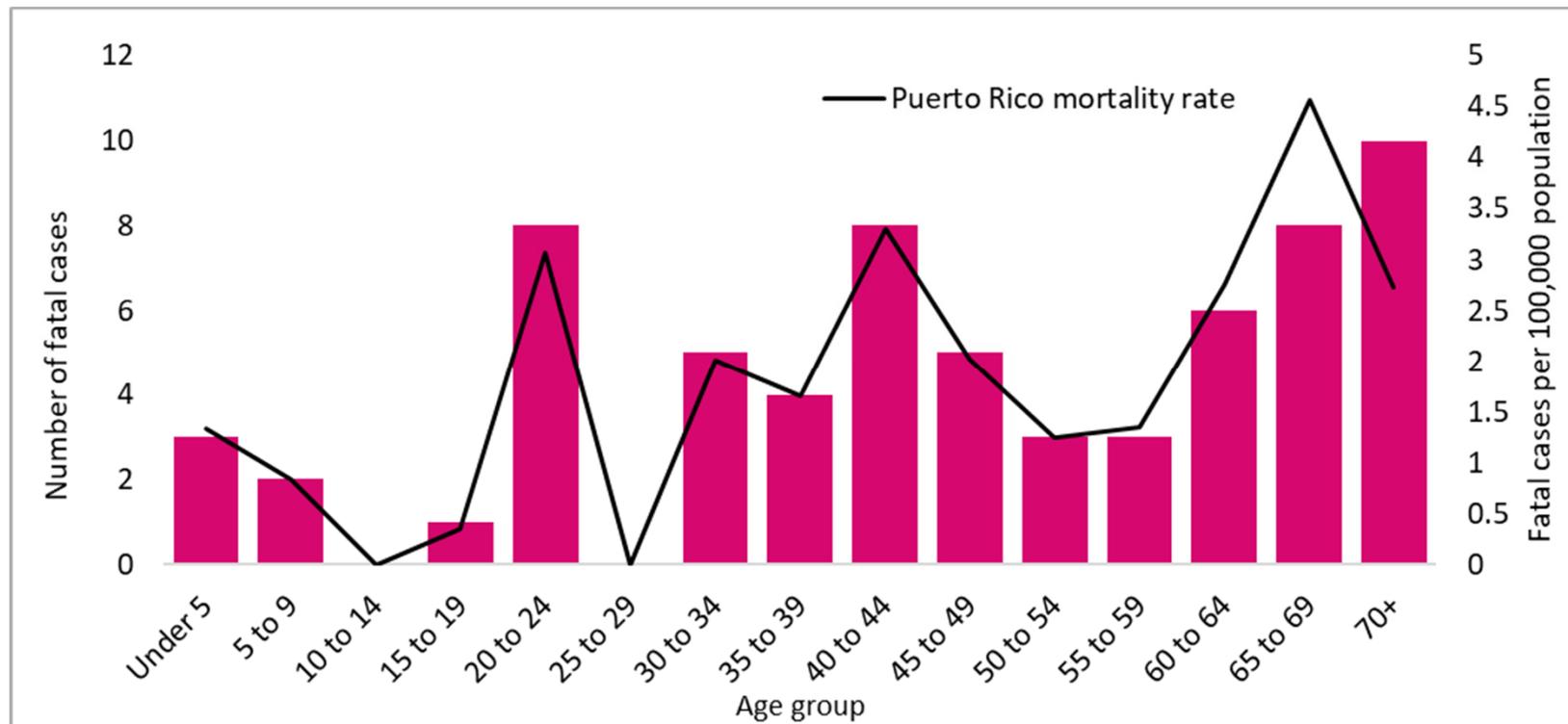
Highest case rates occurred among children 10–19 years old



Source: CDC ArboNET, unpublished

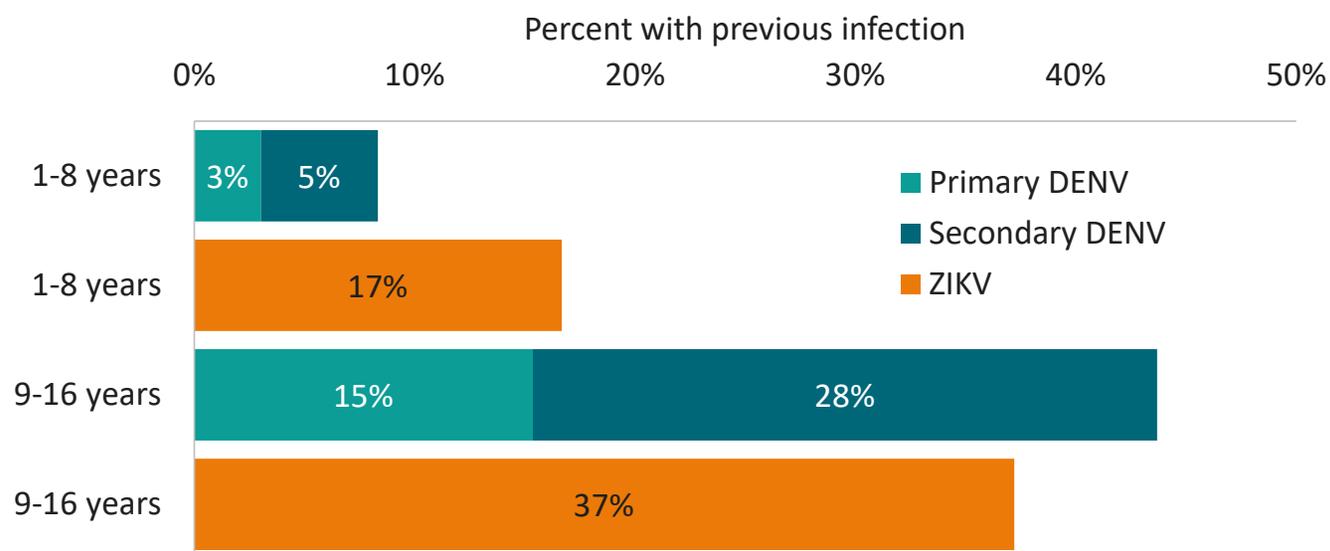
# Fatal dengue cases by age group in Puerto Rico, 2010–2020

Higher mortality rates occurred among adults



Source: CDC ArboNET, unpublished

# Previous DENV and ZIKV infection status among children 1–8 and 9–16 years old in southern Puerto Rico (n = 718), 2018–2019



**8%** of children 1–8  
and **44%** of  
children 9–16 years  
old had evidence of  
previous DENV  
infection

Source: Communities Organized to Prevent Arboviruses (COPA) seroprevalence study, 2018–2019; unpublished data

# Dengue in American Samoa



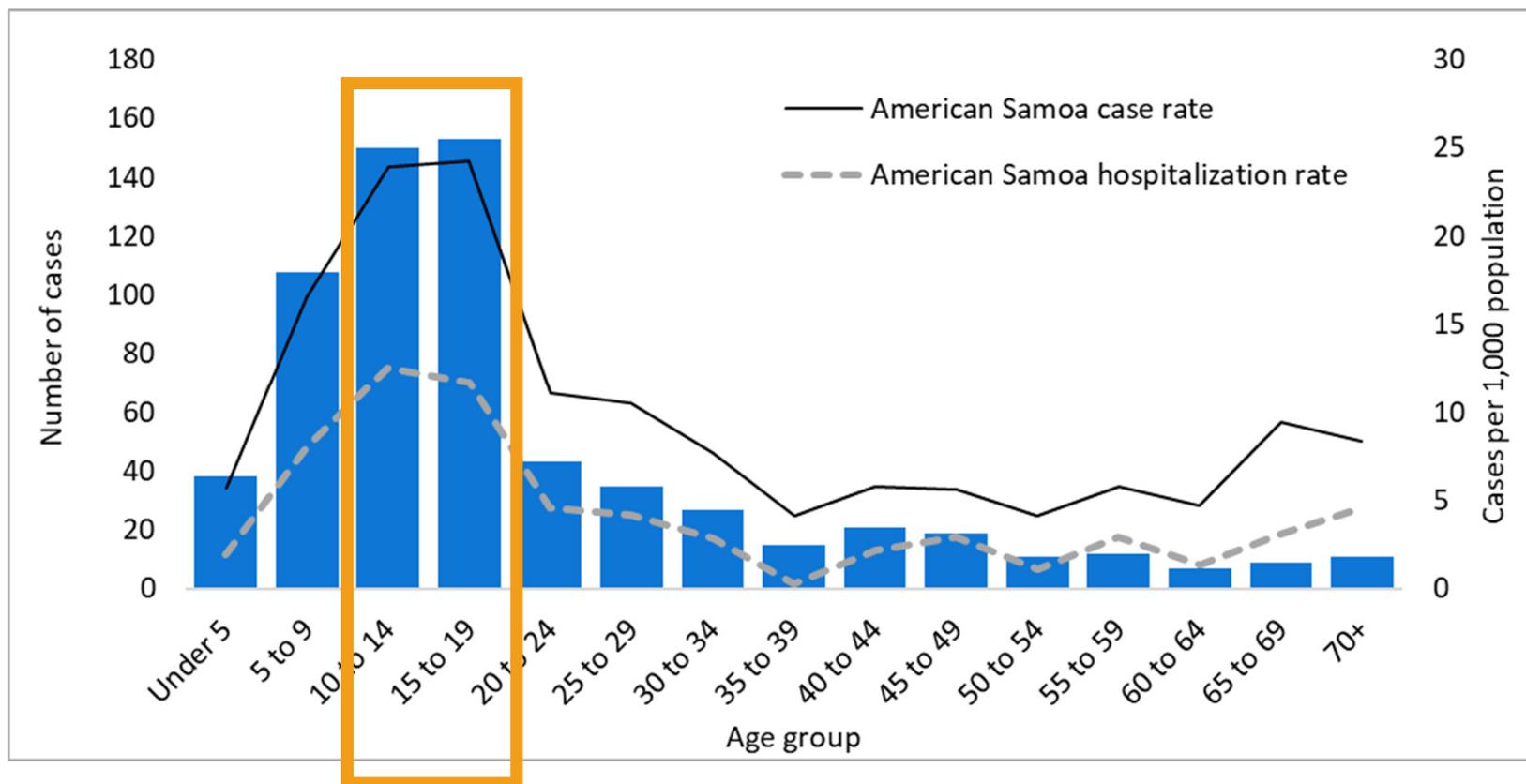
American Samoa

- 2010 serosurvey in American Samoa (adults only): 96% seropositive<sup>1</sup>
- 2016–2018 DENV-2 outbreak in American Samoa with over 1,000 confirmed cases<sup>2</sup>

<sup>1</sup>Duncombe J, Lau C, Weinstein P, Aaskov J, Rourke M, Grant R, Clements A. Seroprevalence of dengue in American Samoa, 2010. *EID*. 2013 Feb;19(2):324.

<sup>2</sup>Cotter CJ, Tufa AJ, Johnson S, Matai'a M, Sciulli R, Ryff KR, Hancock WT, Whelen C, Sharp TM, Anesi MS. Outbreak of Dengue Virus Type 2—American Samoa, November 2016–October 2018. *Morbidity and Mortality Weekly Report*. 2018 Nov 11;67(47):1319.

# Dengue cases and hospitalizations by age group in American Samoa, 2010–2020



Source: CDC ArboNET, unpublished

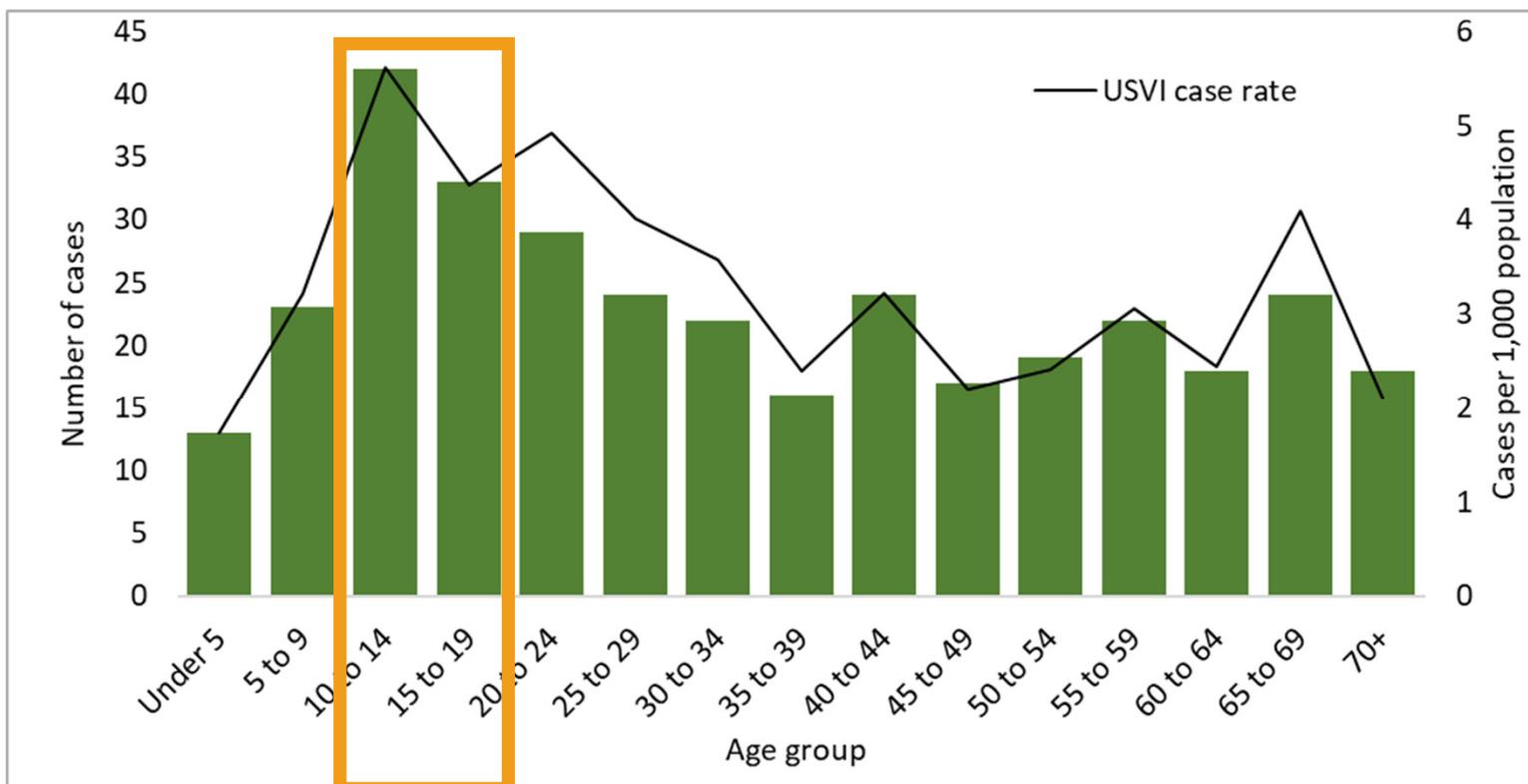
# Dengue in US Virgin Islands

- St. Croix, St. Thomas, and St. John
- Periodic outbreaks
  - 1986-1987 (DENV-2, -4), St. John
  - 1990 (DENV-1, -2, and -4), all islands
  - 2004 (DENV-2), St. Thomas
  - 2005 (DENV-2), St. Croix
  - 2012-2013 (DENV-1, -4), St. Croix
- School survey in 2012
  - ~20% recent infections



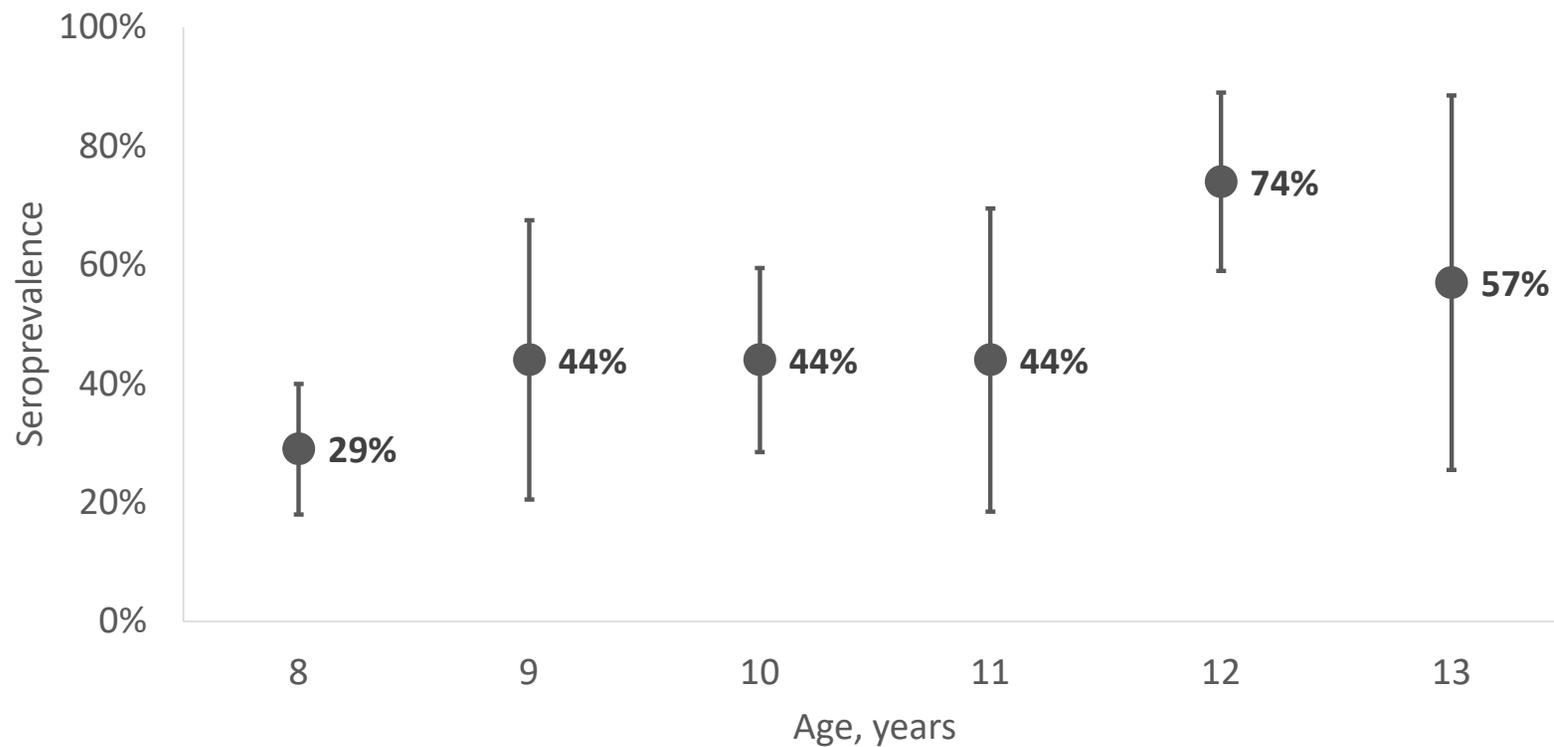
Data Source: Arbonet, National Arbovirus Surveillance System  
CDC. MMWR 2013;62 (9): 171-172.

# Dengue cases and hospitalizations by age group in US Virgin Islands, 2010–2020



Source: CDC ArboNET, unpublished data

# Estimated dengue seroprevalence (IgG antibodies) by age — US Virgin Islands, 2022 (n=372)



Source: CDC EpiAid, unpublished data. Data are preliminary and subject to change.

# Dengue Endemic Freely Associated States

- **Federated States of Micronesia**

- >200 dengue cases during DENV-4 outbreak in Kosrae, 2012–2013<sup>1</sup>
- >500 dengue cases reported during DENV-3 outbreak in Yap, 2019<sup>2</sup>

- **Republic of the Marshall Islands**

- >1,987 dengue cases during DENV-3 outbreak, 2019–2021<sup>3</sup>

- **Palau**

- >800 dengue cases reported during DENV-3 outbreak in 2018–2020<sup>4</sup>

1. <https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6228a3.htm>

2. <https://www.cdc.gov/mmwr/volumes/69/wr/mm6948a6.htm>

3. <https://reliefweb.int/report/marshall-islands/dengue-3-outbreak-republic-marshall-islands-june-25-2019-february-28-2021>

4. <https://www.palauhealth.org/MOHpages/MOHDengueSituation1.aspx>

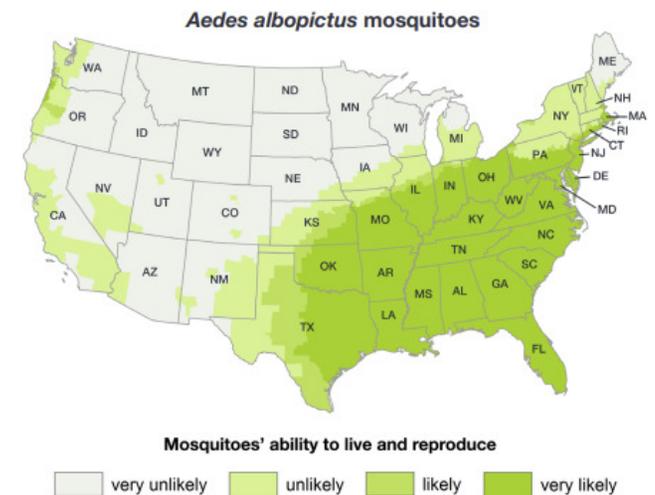
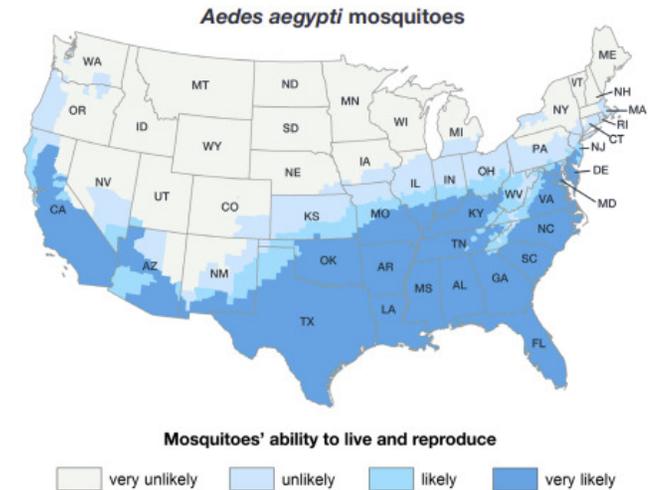
# Dengue in the US States



# Dengue Cases in the US States

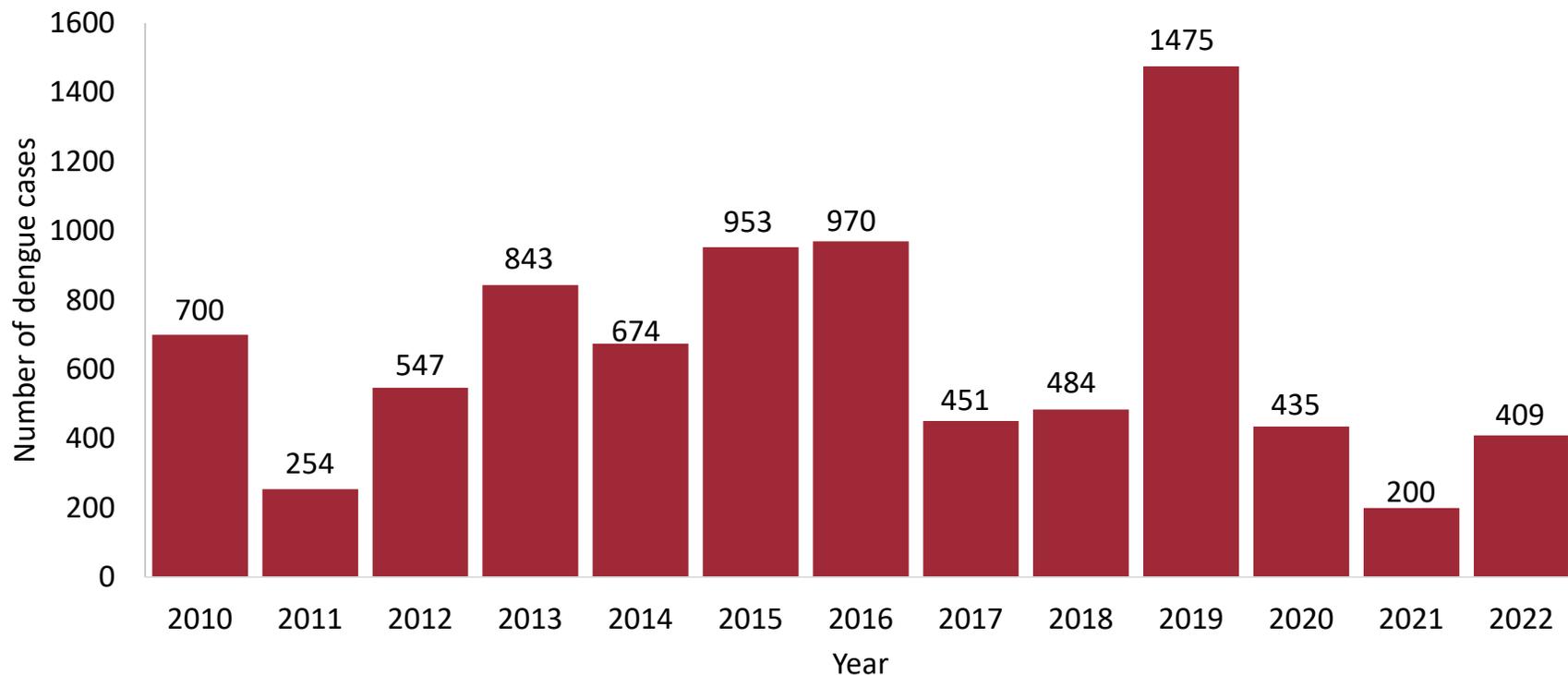
- Competent vectors (*Aedes* spp) present in many states
- Most cases (>94%) reported during 2010–2022 were associated with travel to endemic areas
  - Local transmission reported from HI (n=250), FL (n=201), TX (n=39)
  - Other sporadic cases not associated with travel reported from CA, DC, NC, NY, WV

\*2021–2022 numbers are preliminary and subject to change.



# Dengue cases (N = 8,395) reported to ArboNET from US states by **year**, Jan 2010–Sept 2022\*

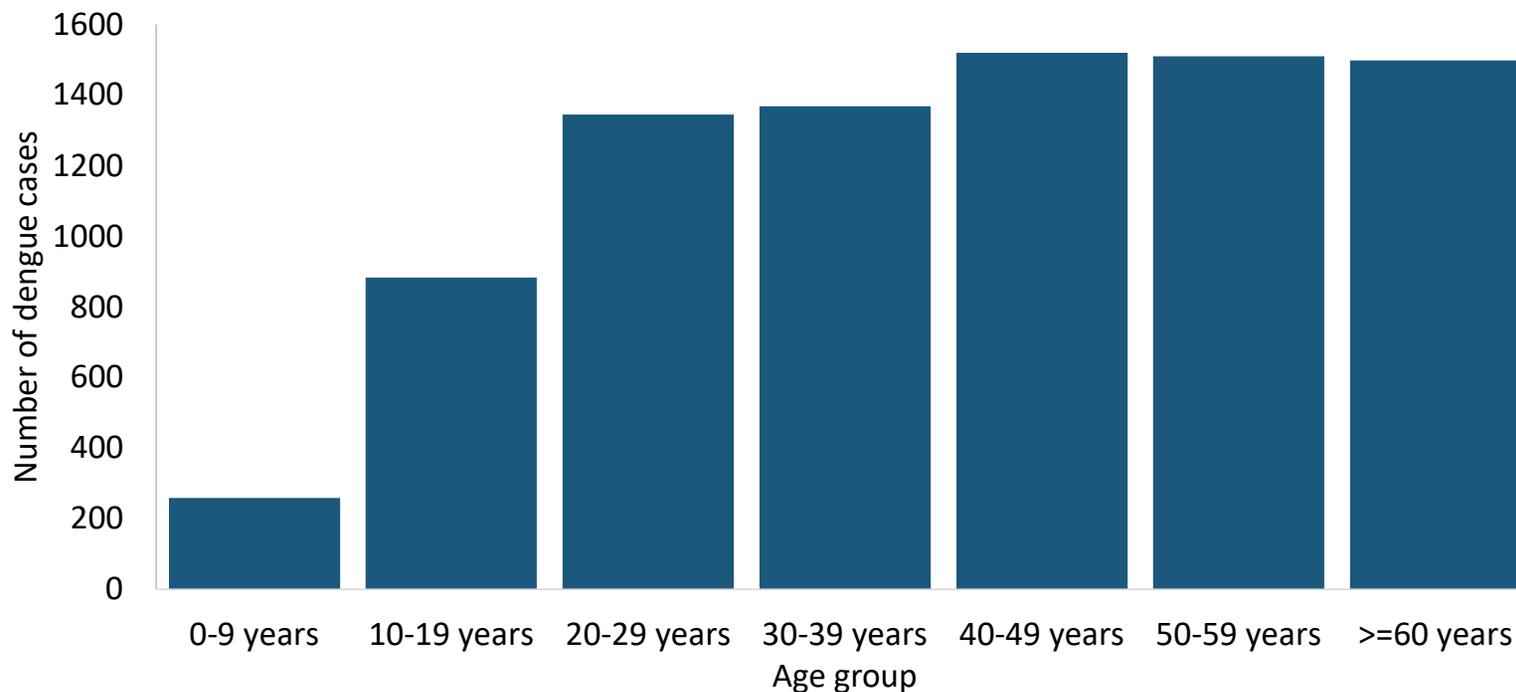
Average 665 cases annually



\*2021–2022 numbers are preliminary and subject to change.

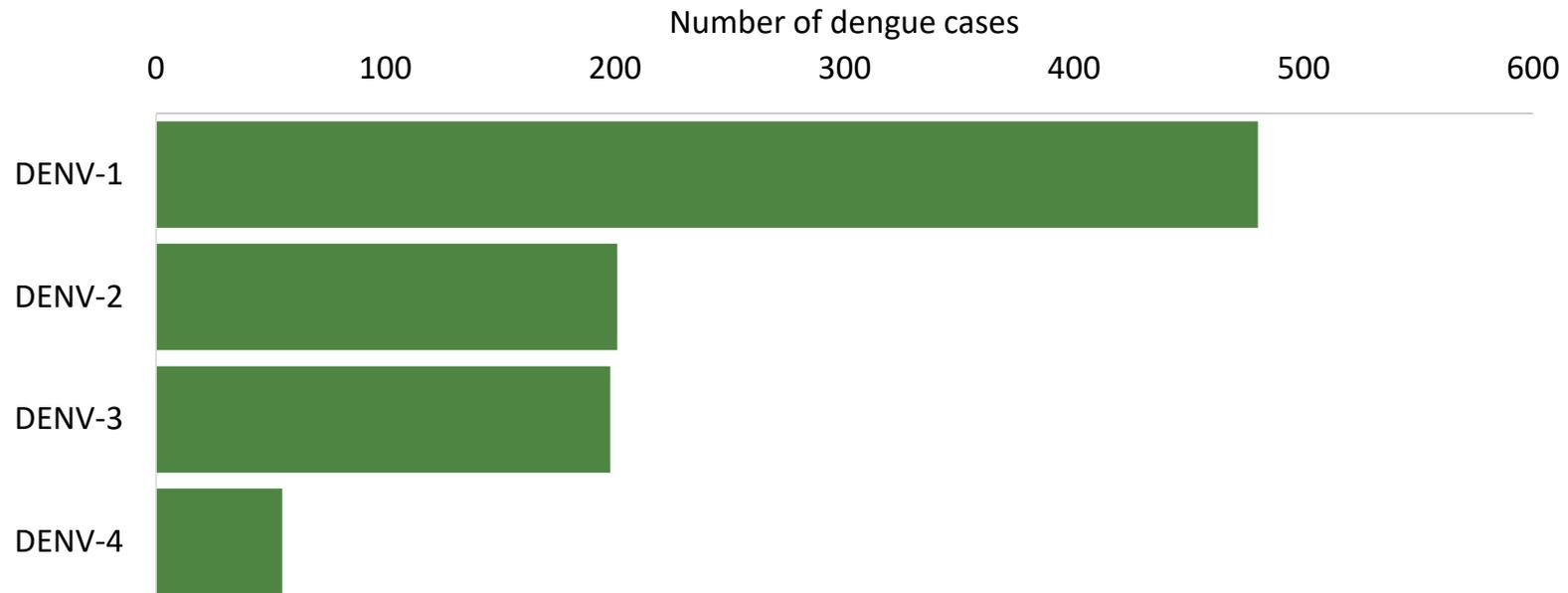
# Dengue cases (N = 8,395) reported to ArboNET from US states by **age group**, Jan 2010–Sept 2022\*

More cases seen in adults compared to endemic areas



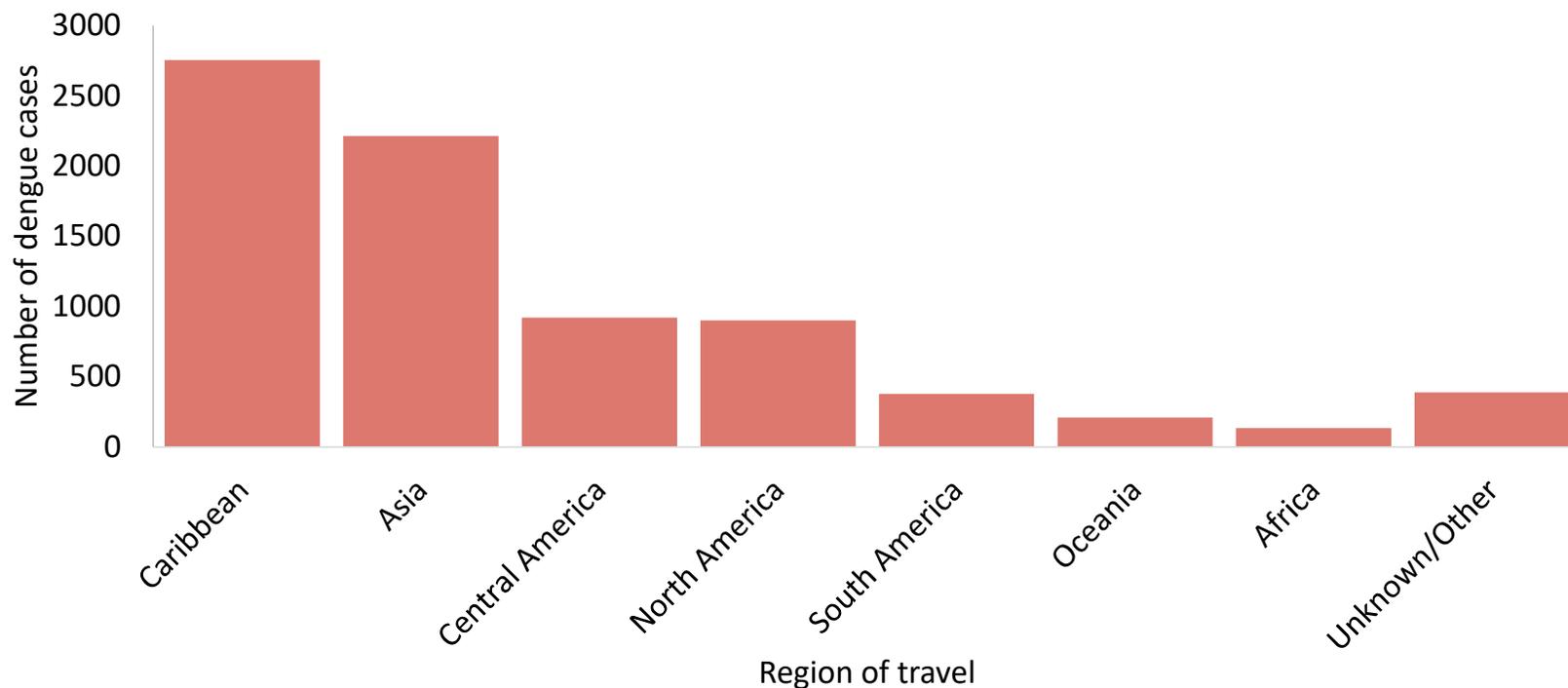
\*2021–2022 numbers are preliminary and subject to change.

# Dengue cases (N = 934) reported to ArboNET from US states by **DENV serotype**, Jan 2010–Sept 2022\*



\*2021–2022 numbers are preliminary and subject to change.

# Travel-associated dengue cases (N = 7,899) reported to ArboNET from US states by **region of travel**, Jan 2010–Sept 2022\*



\*2021–2022 numbers are preliminary and subject to change.

# Summary

- Dengue is a **public health problem** throughout the tropics and subtropics
- Dengue is **considered endemic** in **six** US territories and freely associated states
  - Cases and incidence rates are highest in children and adolescents 10–19 years old, but many cases and deaths occur in adults.
- Most cases in US states are associated with **travel to endemic areas**
  - Sporadic local DENV transmission documented in FL, TX, and HI

**Thank you**

